

Lecture No. 39

Dated: . April 14, 2018 .

. Is Your Mind–You? .

No. 1.) An interesting question, this title. What part of your body is you? If you lose an arm, or more, did you lose you? If you lose your heart, you can be connected to a heart-lung machine, and you are still you. That is right, isn't it? The word 'mind' can certainly be you; this is so because if you lose your mind, you are a goner; at least that is what we say.

No. 2.) I searched on "*watching tv puts you into alpha state*" and found some interesting data. From this site, we have some important points made.

<http://weaponizednews.com/world-news/television-is-a-mind-control-we-apon-watching-tv-puts-the-brain-into-an-alpha-state-similar-to-hypnosis/>

No. 3.) "TV's Impact on the Brain" "Watching TV puts the brain into an Alpha state ([which is linked to relaxed states, meditation, and increased suggestibility](#)), meaning *it is basically in a state similar to*

hypnosis. By watching TV, *we are put into a form of ‘mind fog’, which is just blank and empty nothingness.* Researchers have said that watching television is similar to staring at a blank wall for several hours.

Television is actually a series of rapid images—opposed to an unbroken stream—which is what causes our brains to enter into this Alpha state and continues to draw our attention to the screen. *By turning the television off and reading instead, our brains enter into a Beta state, which is linked to logical and critical thinking.”*

No. 4.) And from another site, we have more....:

<http://truthstreammedia.com/2013/08/11/tv-your-mind-controlled/> and I will only be quoting small portions here, please check this out.

No. 5.) “According to last year’s Nielsen report, *the average American over the age of two years old watches more than 34 hours of television per week,* plus at least three more hours of taped programming. The report also noted that the amount of time we spend watching television increases as we get older.”

No. 6.) “Type ‘television’ and ‘low vibrational energy’ into a search engine, and it’ll quickly return the fact that watching a lot of TV is like undressing your mind and submerging it into a bath of negative energy. *TV effectively numbs the left side of your brain and renders you helpless*

to your right brain which is incapable of decoding and critically analyzing the information being presented to you. Essentially, you go on ‘auto-pilot’.”

No. 7.) “As real-life experience is increasingly replaced by the mediated ‘experience’ of television-viewing, it becomes easy for politicians and market-researchers of all sorts to rely on a base of mediated mass experience that can be evoked by appropriate triggers.”
END OF QUOTE

No. 8.) Before we leave TV, there are a couple more statistics to cover. Here they are.

Percentage of households that possess at least one television	99 %
Number of TV sets in the average U.S. household	2.24
Percentage of U.S. homes with three or more TV sets	65 %
Percentage of Americans that regularly watch television while eating dinner	67 %
Percentage of Americans who pay for cable TV	56 %
Number of videos rented daily in the U.S.	6 million
Percentage of Americans who say they watch too much TV	49 %

I remember a bumpersticker, it said **“shoot your TV.”**

No. 9.) What are we saying here? **Folks, this is war!** This is the great battle for ***you***. It's important that you understand that. If you loose in this battle, you will burn in the fires of hell until the price has been paid for all the sins you are guilty of. Think about that. Every single one of us is guilty, a sinner, condemned to die a very painful death for our wickedness. But **“God, so loved the world, that he gave his only begotten Son,” Jesus, the Christ,** to offer salvation to whosoever will take it. Will you?

In page 180 of the 1858 Great Controversy, at the bottom paragraph break, we are told that Satan is "constantly putting suggestions into the minds of God's people." and "always taking advantage of evil traits in the brethren and sisters...." And if we are watching TV Satan has a lot of input of an evil nature into our life.

And many are not following God's instructions about how to deal with Satan. James 4:7 **Submit yourselves therefore to God [!s instructions]. Resist the devil, and he will flee from you.**

No. 10.) Without getting into the conscience and sub-conscience, or any other of the devices of the world, let's just say that your mind is you. This means that you have sovereign control over you, and your mind. So think about it. If you sit and watch TV, according to a massive amount of research over many years, we can say that you are surrendering your

sovereign control over your ability to think, to the programing on TV.

No. 11.) You have deliberately chosen to watch TV, you have deliberately chosen to hand-off control to the programing on TV; which we all know, comes from Satan. Yes, we all know too that there are good programs out there, but we are talking TV in the big picture, and even those “good” programs put your mind in alpha state and you are affected by the advertizing. If you are going to go to Heaven, you are going to have to get your mind back under your own control. Be encouraged, we all need help. That’s why Jesus said, John 16:26-27 “[At that day ye shall ask in my name: and I say not unto you, that I will pray the Father for you: \(27\) *For the Father himself loveth you,* because ye have loved me, and have believed that I came out from God.](#) But we have to ask.

No. 12.) It’s important to know that we have to take action on our part. There are things we can do, that’s why you are listening to this lecture, I am dispensing information, and showing you where you can prove what I am saying. My doctrine is not something I created, it’s from the authentic, original, Advent Seventh-day Keepers. Here is some good information from God. “[In order to render to God perfect service, you want clear conceptions of his requirements. You should indulge in the use of the most simple food, prepared in the most simple manner, that the fine nerves of the brain be not weakened, benumbed nor paralyzed, making it impossible for you to discern sacred things, and to value the atonement, and the cleansing blood of Christ as of priceless worth.](#)

"Know ye not that they which run in a race, run all; but one receiveth the prize? So run that ye may obtain. And every man that striveth for the mastery is temperate in all things. Now they do it to obtain a corruptible crown; but we an incorruptible. I therefore so run, not as uncertainly: so fight I, not as one that beateth the air. But I keep under my body, and bring it into subjection; lest that I by any means, when I have preached to others, I myself should be a castaway." p. 35, Para. 2, [15OT].

No. 13.) Our brain is our mind, or pretty close. We make decisions all the time that affects our mind, often in little ways. Here is more vital information. "The electric power of the brain nerves communicates with the entire system. The brain nerves are the only medium through which Heaven can communicate to man, and affect his inmost life. Whatever injures or disturbs the circulation of the electric currents in the nervous system, lessens the strength of the vital powers, and the result is a deadening of the sensibilities of the mind." p. 186, Para. 1, [17OT].

No. 14.) I would encourage you to sit down in a quiet spacetime, take paper and pencil, make a list, of things you might need to change in order to retain, or regain, control of your mind. And a very important point here, you can not go to the world to regain control of your mind. This is a work that only the true God can help us with. So called shrinks of whatever flavor are truly agents of Satan, they are trained by him and his works they do. Stay away from them. Your eternal life is at stake.

No. 15.) “Enoch's case is before us. Hundreds of years he walked with God. He lived in a corrupt age, when moral pollution was teeming all around him. *He trained his mind* to devotion, to love purity. His conversation was upon heavenly and divine things. *He educated his mind* to run in this channel, and he bore the impress of the divine. His countenance was lighted up with the light which shineth in the face of Jesus. Enoch had temptations as well as we. He was not surrounded with society any more friendly to righteousness than we. The atmosphere he breathed was tainted with sin and corruption, the same as ours; yet he lived a life of holiness. He was unsullied with the prevailing sins of the age in which he lived. And so may we remain as pure and uncorrupted as did the faithful Enoch. *He was a representation of the saints living amid the perils and corruptions of the last days. For his faithful obedience to God, he was translated. So, also, those who are alive and remain, who are faithful, will be translated to Heaven. They will be removed from a sinful and corrupt world to the pure joys of Heaven.* p. 13, Para. 1, [16OT].

No. 16.) Folks, we don't have much time. Christ is knocking at your door, make sure you let him in, every day, let him in. Take control of your mind, take control of your thoughts, resist Satan's constant suggestions, take this to heart. James 4:8 *Draw nigh to God, and he will draw nigh to you. Cleanse your hands, ye sinners; and purify your*

hearts, ye double minded. Just in the authentic Testimonies, 1-30, the word thought, or a form thereof, appears 621 times; the word think, or a form thereof, appears 483 times; the word mind appears 1,181 times. I know God is highly interested in our mental health.

No. 17.) I'm going to end with a small sampling of very important texts from the KJV Bible.

Job 42:2 I know that thou canst do every thing, **and that no thought can be withholden from thee.**

Proverbs 16:3 Commit thy works unto the LORD, **and thy thoughts shall be established.**

Isaiah 55:7-9 Let the wicked forsake his way, **and the unrighteous man his thoughts:** and let him return unto the LORD, and he will have mercy upon him; and to our God, for he will abundantly pardon. (8) For my thoughts are not your thoughts, neither are your ways my ways, saith the LORD. (9) For as the heavens are higher than the earth, so are my ways higher than your ways, and my thoughts than your thoughts.

2 Corinthians 10:5 Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, **and bringing into captivity every thought to the obedience of Christ;**

Isaiah 26:3 Thou wilt keep him **in perfect peace**, whose mind is stayed on thee: because he trusteth in thee.

Matthew 22:36-37 Master, which is the great commandment in the law? (37) Jesus said unto him, **Thou shalt love the Lord thy God with all thy heart, and with all thy soul, *and with all thy mind.***

And that is...

~ The End ~

of our Presentation for Today,

God Bless your Study

